

Swiesz Family Chiropractic LLC Health Questionnaire

Name _____ Home Phone _____
Address _____ Cell Phone _____
City,State,Zip _____ Birthdate _____
Male/Female Age _____ SS# _____ Email _____
Occupation _____ Employer _____ Employer's Phone# _____
Insurance Co. _____
Marital Status: M P W D S Spouse Name _____ No# of Children _____
Names and ages of Children _____

1. Many patients are referred to our office by a family member or friend. What or who made you decide to visit our office?

2. Science tells us your spine should be cared for regularly. How often do you get adjusted by a chiropractor?
Frequently/only when you hurt/1 x monthly/never
3. When was your last complete spinal examination including x-rays? _____ Never
4. Do you know if you have a spinal curvature, spinal arthritis, or inherited spinal problem? Yes No
5. Over time spinal misalignments will cause arthritis and degeneration which results in grinding or cracking to be heard when you move your neck or back. Do you hear these sounds when you move your head or neck? Yes No
6. If your spine is out of alignment for a long time it can make you feel like you need to twist, stretch, or crack your neck or back. Do you often feel the need to crack or pop your neck or lower back? Yes No
7. Poor posture leads to poor health and early death. How would you rate your posture? Poor 1 2 3 4 5 6 7 8 9 10 Excellent
8. Stress will cause you to accelerate spinal damage. Rate your stress level over the last 3 months.
Calm/Relaxed 1 2 3 4 5 6 7 8 9 10 Very tense/Tight
9. Please circle or list any health symptoms or health complaints you are experiencing.

Neck pain L/R	Arm pain/Numbness L/R	Asthma	Thyroid
Back Pain L/R	Leg pain L/R	Cancer	Allergies: _____
Mid-back pain L/R	Headaches/Migraines	Constipation	_____
Lower-back pain L/R	Diabetes I/II	Menstrual pain	_____
10. Please list any surgeries you have had. _____
11. Daily trauma, auto accident(s), and work injuries can cause serious spinal problems.
When was your most recent injury at home? _____ Car accident? _____ Slip or fall? _____
12. Spinal health is vitally important to ensure a healthy pregnancy. Is there a chance you are pregnant? Yes No
13. Improper sleeping positions can cause spinal damage, what sleeping position do you sleep in: Back Stomach R Side L Side
14. Exercise level: Never 1 2 3 4 5 6 7 8 9 10 6x @wk
15. Please list vitamins/supplements you take: _____

The above information is true and accurate to the best of my knowledge.

Patient Signature (Parent/Guardian): _____ Date: _____